

SEMI PERMANENT MAKEUP (SPMU) AFTERCARE

The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort/healing and to help achieve the best possible results from treatment.

Please follow the aftercare advice for semi-permanent makeup (SPMU) treatment.

- Avoid soaps and cleaners to the treated area for the first 2 weeks, these can remove pigment. Instead wipe the treated area with a cotton pad and cool boiled water which is sterile.
- Avoid picking, scratching, scrubbing or peeling the treated area to avoid scarring.
- Avoid sun exposure until the healing process is complete. Wear sun block cream and for eyeliner SPMU wear sunglasses. Sunbeds should also be avoided.
- Keep the treated area clean and dry.
- Avoid strenuous exercise while the area is healing as excess sweating can remove pigment.
- Avoid using cosmetic and skincare products to the treated area.
- Avoid makeup to the treated area, makeup can potentially distort the colour and increase the risk of infection afterwards in the treatment area. For eyeliner eye shadow makeup can be applied carefully above the implanted line, be careful not to interfere with the treated area. Mascara can be applied carefully to the eyelash tips only.
- For eyeliner avoid contact lenses and use glasses instead for 2 weeks.
- Avoid hot showers, baths, saunas and steam rooms as these will cause sweating which can remove pigment.
- Avoid swimming as chlorinated water can potentially remove pigment.
- Apply the aftercare cream as advised by your practitioner.

- The complete healing process can take 6-8 weeks, however colour remaining after 2 weeks will be long lasting.
- You must seek medical attention and contact your practitioner if you experience any signs or symptoms of infection after treatment. Infection can present as hot, red shiny skin, there may be pus formation and you may have a fever or feel generally unwell.
- You must seek emergency medical attention if you experience any severe allergy symptoms after treatment. Symptoms may include rash, facial swelling and breathing difficulties.
- Contact your practitioner as soon as possible if you notice any other unwanted side effects.
- Your practitioner will advise you when future treatment appointments and/ or top up appointments are required. If you are advised to attend a follow up appointment, please do make every effort to attend them. You should do this even if you believe that the recovery process is going well and you cannot see that there are any visible complications.

It is essential that you have read all of the information available. Once you have read and understood all of the below, please sign the declaration at the bottom of this form. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.