

SALT & SALINE TATTOO REMOVAL AFTERCARE INSTRUCTIONS

After your Salt & Saline Tattoo Removal treatment, it is essential to follow these aftercare instructions to support your healing process and achieve the best possible results.

CLEANING THE AREA: Gently clean the treated area with mild, unscented soap and warm water. Avoid scrubbing. Pat the area dry with a clean towel; do not rub.

APPLYING A HEALING OINTMENT: Apply a thin layer of the recommended healing ointment (such as an antibiotic cream) to the area. This should be done 2-3 times a day or as advised by your practitioner.

AVOID PICKING AND SCRATCHING: Do not pick, scratch, or rub the treated area. This could disrupt the healing process and may lead to scarring or infection.

SUN PROTECTION: Keep the area covered from direct sunlight for at least two weeks after treatment. Once healed, always use a high-factor sunscreen (SPF 30 or above) on the area to prevent discoloration.

AVOID WATER EXPOSURE: Refrain from soaking the area in water for prolonged periods. This includes avoiding swimming pools, hot tubs, saunas, and steam baths until the area is fully healed.

NO STRENUOUS ACTIVITY: Avoid vigorous physical activity or exercise for the first 24 hours after treatment to prevent excessive blood flow to the area, which could slow the healing process.

AVOID ALCOHOL OR BLOOD THINNERS: It is recommended to avoid alcohol and any blood-thinning medications for at least 24 hours after your procedure, unless otherwise prescribed by your doctor.

MONITOR FOR COMPLICATIONS: Redness, swelling, and mild discomfort are normal after the treatment. However, if you notice signs of an infection (increasing pain, heat, redness, pus) or an allergic reaction (severe swelling, hives, difficulty breathing), seek medical attention immediately.

It is essential that you have read all of the information available. Please let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided.

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.