

The following aftercare advice is essential to help reduce the risk of treatment complications, improve your comfort/healing, and help achieve the best possible results from treatment.

Please follow the aftercare advice for Vitamin D2:

- Resting for a short period of time after the injection
- Drinking plenty of fluids
- Monitoring for any signs of an allergic reaction, such as difficulty breathing or swelling of the face, lips, tongue, or throat
- Avoiding any strenuous physical activity for a short period of time after the injection
- Following up with your healthcare provider as scheduled to monitor your response to the injection and any potential side effects.

It is important to notify your healthcare provider if you experience any unexpected side effects or if you have any concerns about your recovery after a vitamin D2 injection. They can provide you with additional guidance and support as needed.

It is essential that you have read all of the information available. Once you have read and understood all of the below, please sign the declaration at the bottom of this form. Please do let your practitioner know if you have any questions or if you do not understand any of the aftercare instructions provided below.

I confirm that I have read and understood all the information on this Form and that I have been given the opportunity to ask any questions that have come to mind throughout.